

Use Your Benefits Year Round!

If you are enrolled in a USNH-sponsored medical plan with Cigna, your benefits go beyond covering visits to the doctor, prescriptions, and medical procedures. Don't forget about the many additional tools available to help you and your covered dependents stay well throughout the year. Programs include:

Cigna Telehealth

Receive virtual care for a wide range of non-urgent health issues through MDLIVE.

Visit mdliveforcigna.com to register and schedule an appointment 24/7.

24/7 Nurse Line

If you have a question or concern about your health, connect with
